



Herrick Primary School



Newsletter – Spring 1 – February 2026

Headteacher's Message

Welcome to our school newsletter for this half-term!

We have reached the end of another busy half-term that has been filled with learning experiences and opportunities that our children have embraced. It has been a privilege to watch our pupils grow in confidence, whether through exploring new topics in the classroom, participating in extra-curricular enrichment, or simply through their daily interactions within the school.

Thank you to everyone in our school community – staff, governors and parents/carers. The ongoing partnership between everyone is vital in making our school the positive community that it is. We wish you all a restful and happy half-term break and look forward to welcoming everyone back, refreshed and ready for the next half-term.

This academic year, we have updated the format of our school newsletter. We hope that you have been enjoying looking through our half-termly newsletters to find out about some of the things that have been happening at the school.

Please share your thoughts via the QR code or the link below to help us to continue to improve communication between ourselves and our school community. The form should only take a couple of minutes to complete.

[Half-Termly School Newsletter Feedback](#)



Message from the Chair of Governors

Last term, I mentioned how informative it is as a governor to visit the school during the day and to have an opportunity to see what is happening in lessons and around the school. Earlier this term, I visited at lunch time and took the opportunity to sit with several groups of children while they were eating.

It is important to hear what the children think and my experience is that they generally have strong opinions about school and are honest when expressing those views. I was not disappointed! All the children said they enjoyed coming to school for numerous reasons including, playing with their friends, school dinners and trips. The new rewards system was also given very positive feedback.

It was very reassuring that the children I spoke to all said they felt safe and happy at Herrick, but as staff and governors we can never become complacent and recognise that we must always strive to ensure your children have the best possible experience while at Herrick. As always thank you for your support in helping us to achieve this.

Stephen Martin - Chair of Governors

School News

Autumn Term Film Event

At the end of the autumn term, the school hosted a special film afternoon. The children had the opportunity to watch the animated version of Dr Seuss' The Grinch with their friends whilst snacking on pom bear crisps and fruit shoots.

The funds raised from the event went towards purchasing non-fiction books for the school which lots of the children are now having the pleasure of reading.

Thank you for supporting this event. We hope to host further events in the future.



Big Walk and Wheel

The Big walk/ wheel challenge will be taking place 16-27th March where children will be encouraged to walk, wheel, scoot or bike it to school. This will be logged and the total scores for the whole school will be entered into a competition daily.

The highest scoring school will receive playground equipment or custom playground markings for the children to use.



BorrowBox

BorrowBox is a free digital library service and app that allows library members to borrow eBooks, eAudiobooks, eMagazines, and eNewspapers for free.

It connects to local library services, providing access to top titles on tablets, smartphones, and computers. Items are automatically returned, eliminating late fees.

<https://www.leicestershire.gov.uk/leisure-and-community/libraries/our-digital-library/ebooks-eaudiobooks-emagazines-and-enewspapers/borrowbox-ebooks-eaudiobooks-emagazines-and-enewspapers>



Fire Safety Talks

This half-term, children in year 1 and year 5 listened to fire safety talks that were delivered by Leicestershire Fire and Rescue Service (LFRS) as part of their Schools Education Programme.

These interactive sessions are tailored for key stage 1 (year 1) and key stage 2 (year 5) to develop age-appropriate survival skills and fire prevention awareness.

The children were thoroughly engaged with the information that was shared with them, and they learnt a lot about fire safety.



Term Dates 2025/26

	August 2025					September 2025					October 2025				
M		4	11	18	25	1	8	15	22	29		6	13	20	27
T		5	12	19	26	2	9	16	23	30		7	14	21	28
W		6	13	20	27	3	10	17	24		1	8	15	22	29
T		7	14	21	28	4	11	18	25		2	9	16	23	30
F	1	8	15	22	29	5	12	19	26		3	10	17	24	31
S	2	9	16	23	30	6	13	20	27		4	11	18	25	
S	3	10	17	24	31	7	14	21	28		5	12	19	26	

Autumn Term 1st half

	November 2025					December 2025					January 2026				
M		3	10	17	24	1	8	15	22	29		5	12	19	26
T		4	11	18	25	2	9	16	23	30		6	13	20	27
W		5	12	19	26	3	10	17	24	31		7	14	21	28
T		6	13	20	27	4	11	18	25		1	8	15	22	29
F		7	14	21	28	5	12	19	26		2	9	16	23	30
S	1	8	15	22	29	6	13	20	27		3	10	17	24	31
S	2	9	16	23	30	7	14	21	28		4	11	18	25	

Autumn Term 2nd half

Spring Term 1st half

	February 2026					March 2026					April 2026					
M		2	9	16	23		2	9	16	23	30		6	13	20	27
T		3	10	17	24		3	10	17	24	31		7	14	21	28
W		4	11	18	25		4	11	18	25		1	8	15	22	29
T		5	12	19	26		5	12	19	26		2	9	16	23	30
F		6	13	20	27		6	13	20	27		3	10	17	24	
S		7	14	21	28		7	14	21	28		4	11	18	25	
S	1	8	15	22		1	8	15	22	29		5	12	19	26	

Spring Term 2nd half

	May 2026					June 2026					July 2026				
M		4	11	18	25	1	8	15	22	29		6	13	20	27
T		5	12	19	26	2	9	16	23	30		7	14	21	28
W		6	13	20	27	3	10	17	24		1	8	15	22	29
T		7	14	21	28	4	11	18	25		2	9	16	23	30
F	1	8	15	22	29	5	12	19	26		3	10	17	24	31
S	2	9	16	23	30	6	13	20	27		4	11	18	25	
S	3	10	17	24	31	7	14	21	28		5	12	19	26	

Summer Term 1st half

Summer Term 2nd half

	Pupil days		Weekends
	School Holidays		Public Holidays
	Disaggregated INSET days		INSET days

Important Dates

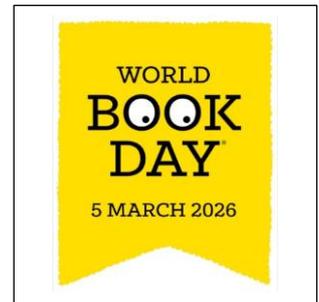
World Book Day

This year, at school, we are celebrating World Book Day on **Thursday 5th March 2026** with a **Bedtime Stories** theme.

Children are invited to come to school wearing their **favourite pyjamas**. For safety reasons, children must wear their **normal outdoor shoes** for the playground. However, children are permitted to bring in slippers for use inside the classroom.

As it will still be cold in March, please make sure that your child wears appropriate layers underneath their pyjamas such as thermals, a vest or a t-shirt. **Children can also wear a dressing gown over their pyjamas**. If you choose to send your child to school wearing a onesie, please make sure that they are able to remove it independently as it can be difficult for children to take these off and put them back on during toilet breaks.

Children are also welcome to bring in a small teddy bear if they wish to do so. If children choose to do this, it will be their responsibility to make sure that they keep their teddy bear safe.



Reception School Trip – Stonehurst Farm

Class Rosen will be visiting Stonehurst Farm on **Thursday 26th March 2026**.



Year 5 – Residential Visit

The second payment of £80 for the residential visit to Rock UK's Frontier Centre is due by **Friday 20th March 2026**.



Red Nose Day – Friday 20th March 2026

Children are invited to come into school wearing non-uniform to raise money for comic relief.

There is no expectation for parents/carers to buy something specifically for this

A suggested donation of £1 can be handed in by your child to their class teacher.



Year 5 School Trip – Warner Brothers Studio

Class Rauf and Class Zephaniah will be visiting Warner Brothers Studio on **Tuesday 5th May 2026**.



Assembly Dates

Autumn 1:

- Friday 3rd October 2025 – Year 3/4: Morpurgo – Harvest assembly
- Friday 10th October 2025 – Year 3/4: Rowling – Class assembly
- Friday 17th October 2025 – Year 6: Almond & Blackman – Diwali assembly

Autumn 2:

- Friday 7th November 2025 – Year 3/4: Dahl – Class assembly
- Friday 21st November 2025 – Year 2: Bryon – Class assembly
- Friday 5th December 2025 – Year 2: Donaldson – Class assembly
- Wednesday 10th December 2025 – Reception: Rosen – Nativity assembly
- Friday 12th December 2025 – Year 5: Rauf & Zephaniah – Hannukah assembly

Spring 1:

- Friday 30th January 2026 – Year 3/4: Morpurgo – Class assembly
- Friday 6th February 2026 – Year 1: Murphy – Class assembly

Spring 2:

- Friday 6th March 2026 – Year 5: Zephaniah – Class assembly
- Friday 27th March 2026 – Year 2: Bryon & Donaldson – Easter assembly

Summer 1:

- Friday 24th April 2026 – Year 3/4: Dahl & Rowling – Vaisakhi assembly
- Friday 15th May 2026 – Year 5: Rauf – Class assembly
- Friday 22nd May 2026 – Year 1: Murphy – Eid assembly

Summer 2:

- Friday 26th June 2026 – Reception: Rosen – Class assembly
- Friday 3rd July 2026 – Year 6: Almond & Blackman – Leavers' assembly



Attendance

Being around teachers and friends in a school environment is the best way for children to learn and reach their potential. Time in school also keeps children safe and provides access to extra-curricular opportunities and pastoral care.

Parents and carers have a legal responsibility to ensure that their child attends school regularly and on time. Absence during school time has a negative impact upon a child's education.

Children are expected to attend school every day unless they are unwell. If your child will not be attending school, please inform the school office no later than 9.30am.

There is no entitlement to leave from school during term time and leave will not be authorised.

Unauthorised absence from school is likely to result in a Penalty Notice being issued

All absence and lateness will be monitored and may be referred to the Education Welfare Service if it occurs regularly.

Good	Worrying	Serious Concern
Attendance is 95% and over	Attendance is below 95%, but above 90%	Attendance is below 90%

Class Attendance for the First Half of the Autumn Term

<u>Class</u>	<u>Attendance</u>
Reception – Rosen – Miss Lewis	90.06%
Year 1 – Murphy – Mrs Jamal	88.72%
Year 2 – Bryon – Mrs Purewal	97.31%
Year 2 – Donaldson – Miss Shah	97.72%
Year 3/4 – Dahl – Mrs Shukla	88.74%
Year 3/4 – Rowling – Miss Kaur	94.22%
Year 3/4 – Morpurgo – Mrs Chelley	90.57%
Year 5 – Rauf – Mr Carvell	94.58%
Year 5 – Zephaniah – Mrs Nai	92.72%
Year 6 – Almond – Mr Maile	95.0%
Year 6 – Blackman – Mrs Patel	94.54%

Reception - Rosen

Weather and Seasons

This term, Class Rosen have been learning about winter, exploring the seasonal changes we have witnessed and the differences in weather and temperature.

Dinosaurs

The children were thrilled to find eggs in the classroom and made their predictions about what would be in the eggs. We then used tools to crack open the eggs and found dinosaurs inside. Children were introduced to the palaeontologist Mary Anning. Class Rosen have enjoyed taking on the role of palaeontologists, measuring bones and footprints, making observational paintings and creating fossils.



The Three Little Pigs

Class Rosen enjoyed designing and making different types of houses following learning The Three Little Pigs story.

Maths

In maths, we have been learning about number bond to 5 (two numbers that go together to make 5). We've also been learning more about measuring length, mass, height and times.



Year 1 –Murphy

Computing - Moving a Robot

The children in year 1 have been working to program a robot! The children were able to write short directional algorithms for the Beebot. The children learnt how to program the floor robot, as well as how to predict the outcome.



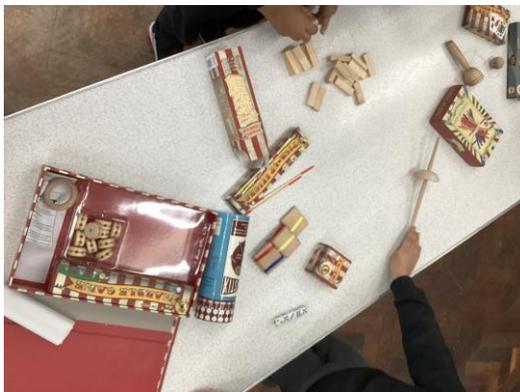
History – Toys: Past and Present

In History this term, we have been exploring toys from the past and present. The children have become real "history detectives," investigating how play has changed over time. We looked closely at the term artefact—learning that this describes an object made by a human that gives us important clues about the past.

To bring our learning to life, we held a brilliant Toy Workshop Day! It was a hands-on experience where the children:

- Made a peg doll: Learning how children in the past often used simple household items like wooden pegs and fabric scraps to create their own playthings.
- Played with vintage toys: The children had the chance to handle and play with authentic artefacts including spinning tops and pick up sticks.
- Created a cup and ball: They enjoyed making their own version of this classic wooden toy, testing their coordination just as children did decades ago.
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It has been wonderful to hear the children using their new vocabulary to explain why a toy is "old" or "new" based on its features.



Year 2 – Bryon & Donaldson

PE – Developing Control Skills

This term in PE, children have been developing their object control skills. They have explored a range of dribbling techniques across different sports and learned how to apply these skills effectively within team games. Pupils have also focused on correct grips and body positioning to support success in a variety of object-control activities.

Science – Classifying Animals

This term in science, children have thoroughly enjoyed learning all about animals. They worked scientifically to identify, group, and classify animals into different categories. Children sorted animals by what they eat, the type of animal they are, and whether they are vertebrates or invertebrates.



Our Best Picture Book

Every year, children in Year 2 are lucky enough to take part in Leicester Library's 'Our Best Picture Book' project. During this exciting initiative, children are introduced to six brand new picture books to read, share, and discuss before voting for their favourite. The project aims to inspire a love of reading and motivate children to become confident, enthusiastic, and active readers. Take a look at the Herrick website under the curriculum tab, there is a reading option where you can see Miss Phipps talk a little about each of the books!



Computing - BeeBots

In computing, children have had great fun using BeeBots to give instructions and make predictions about their robots' movements. They loved using their creativity and design skills to create their own playground-inspired test mats, which made testing their programs even more exciting. Children also learned about the important process of *debugging*, where they identified and fixed errors in their algorithms, feeling proud as they watched their BeeBots successfully follow their instructions.

History – Evolution of Toys

In History, children have been learning about the evolution of toys. They explored the types of toys children enjoyed in the past and made comparisons with the toys they play with today. Through this, they learned how materials have changed over time and how the range of toys available to children has grown.

Year 3/4 – Dahl, Rowling & Morpurgo

History – The Romans

In History, we have been learning about the Romans. We investigated how and why the Romans invaded England. We also became archaeologists and looked at primary and secondary sources, creating predications about them.



Art – Sketching Skills

In Art, we focussed on our sketching skills looking at shade, tone and texture. We experimented with different types of shading and created an observation drawing of a tree.

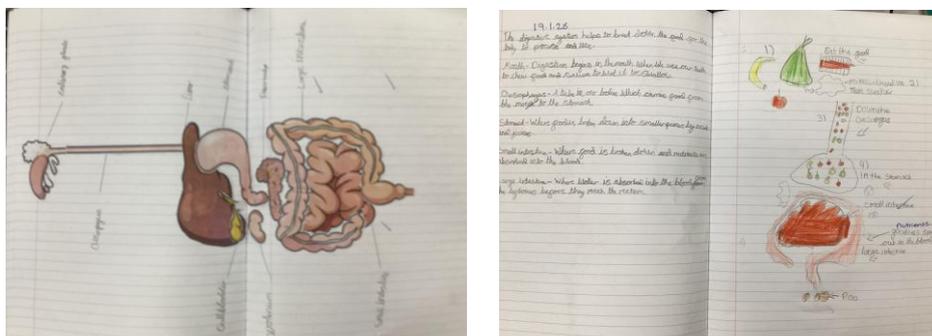
PSHE – Potato People

Rowling class worked as teams to design and create their own funny potato person as part of our PSHCE. They showed how to listen to others' ideas and work collaboratively. They then presented their potato person to the rest of the class and shared who their potato person was by giving it a job and hobbies.



Science – The Digestive System

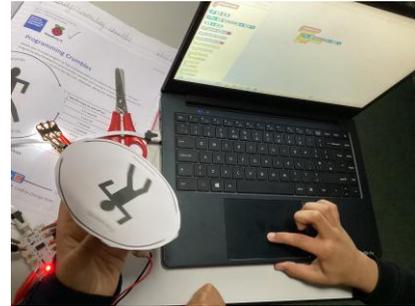
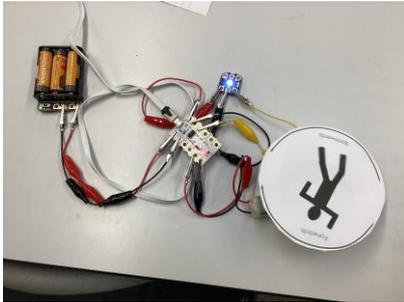
We learned the names of the major organs and now know what happens to food inside our bodies. We even drew our own diagram to show what we understand.



Year 5 – Rauf & Zephaniah

Computing - Crumble

Year 5 children have been working to explore both conditions and selection using a programmable microcontroller. The children familiarised themselves with how to set up and program a crumble kit. Their challenge was to create a light sequence and then introduce a spinning element to create their own fairground ride!



Design Technology – Making Pastries

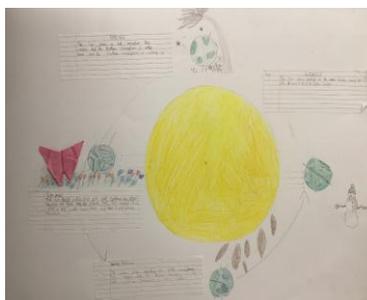
In design technology, Year 5 were adapting a recipe. They made pastries from scratch and had to work as a team. They followed and adapted a recipe to their liking. They had a variety of fillings to choose and change. The most popular ingredient was cheese.

Geography and Science – Earth and The Solar System

In both geography and science, year 5 have been learning about Earth and the Solar System. As part of their learning, children were looking at why we experience different seasons throughout the year. Working in groups, the children produced posters which explain the different positions of Earth and how this gives us our seasons.

Oracy – Goals and Dreams

In our Oracy assembly, the children had a discussion about dreams and goals which is linked to our current PSHE unit. They talked about how to differentiate between a goal and a dream and how a positive mindset contributes to achieving what we want in life.



Year 6 – Almond & Blackman

Art – Learning about Artists

In art, the children chose the art style they liked the best such as Mondrian, Kandinsky, Impressionism, Renaissance, drip painting, abstract and surrealism and created their own painting using water colours and felt tips.



French – My House

Year 6 children have learnt how to describe the different rooms found in a house, as well items that would be located in the room. The children also learnt about French prepositions to describe the location of the items.

Design Technology – Cooking

Year 6 have focused upon cooking and nutrition as part of their learning in design and technology. The children created a 3-course meal which they selected and researched as a year group. The children then had the opportunity to eat the meal they had prepared on the day.



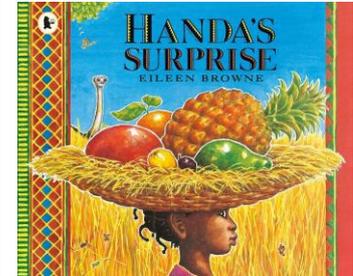
Recommended Reads - Staff

Reception and Year 1/2

Mrs Shukla recommends: *Handa's Surprise* by Eileen Browne

This is a beautiful illustrated culturally diverse book about a girl called Handa who takes seven fruits for her friend Akeyo's who lives in a village in Kenya.

Along the way the fruits get stolen by different animals found in Africa. It offers children opportunities to about different animals, fruits, and ways of life in other parts of the world.



Reception and Year 1/2

Miss Phipps recommends *Funny Bones* by Janet and Allan Ahlberg

My favourite thing about this book is the illustrations. You can follow the skeletons and their dog along on their adventures. The skeletons are desperate to try and scare people.

Will they succeed? I love it when they visit the zoo. Isn't it amazing to think that we all have a skeleton?

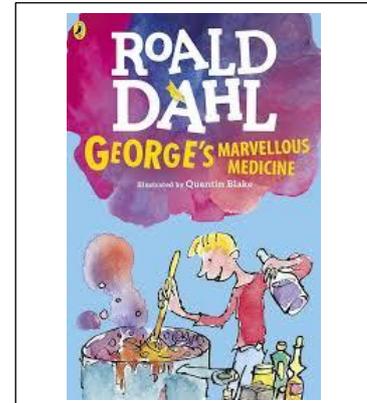


Year 3/4

Mrs Jamal's recommends: *George's Marvellous Medicine* by Roald Dahl.

Roald Dahl's book "George's Marvellous Medicine" has a unique style that combines humour and fantasy, making it a joy to read. You'll find yourself laughing out loud at George's mischief and the wild effects of his marvellous medicine.

The story teaches valuable lessons about bravery, and the importance of standing up for yourself. Grab a copy of "George's Marvellous Medicine" and dive into a world of laughter and imagination!



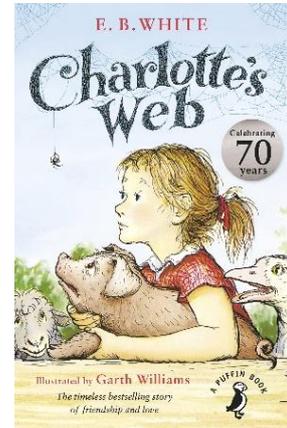
Recommended Reads – Staff

Year 3/4

Miss Odedra recommends: *Charlotte's Web* by E.B. Webb

When Fern saves Wilbur, he unexpectedly becomes her pet and meets Charlotte. Charlotte and Wilbur form an unlikely friendship based on kindness, honesty and trust.

Miss Odedra thinks that *Charlotte's Web* is a thoughtful, humorous and deeply moving story that really makes the reader think about the power of friendship, as well as reminding us to celebrate the things that make us all special.

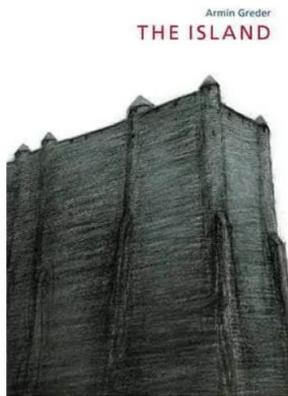


Year 5/6

Miss Kaur recommends: *The Island* by Armin Greder

A strange arrives in a community and puts everyone and edge. He is an outsider and they decide that he needs to be kept away from them all.

Miss Kaur believes this book helps us understand how people who look, talk or behave in a different way can be treated unfairly. *The Island* reminds us the importance of our British Values: tolerance and respect.

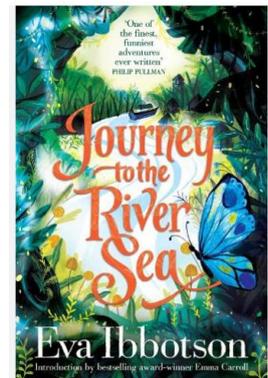


Year 5/6

Mrs Purewal recommends: *Journey to The River Sea* by Eva Ibbotson

Set in 1910, this brilliantly descriptive story tells the story of recently orphaned Maia, who has been sent to live with distant relatives in Manaus, on the Amazon River. She expects her family to be loving and caring however, finds that her family is cruel and spiteful. She learns about true adventure when her mistress Miss Minton allows her to explore and she befriends a boy called Fin. Maia discovers her new found confidence and to follow her heart when she knows she has to do the right thing.

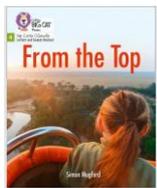
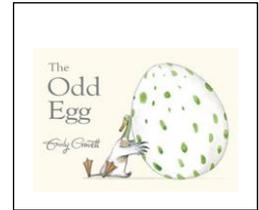
Despite it's challenging vocabulary, it allows children to explore another land without actually being there. It also asks readers to consider what the right thing to do is in certain situations.



Recommended Reads - Children

I love reading this book because duck found an egg, and he thought it was really beautiful! The other animals do not think duck's egg was very good. Duck wanted the egg and then the egg hatches and there is a surprise animal at the end!

Aaminah – Reception: Rosen



I liked reading this book because I learnt about what a bird's eye view is. This book tells you all about The Shard in London and the Eiffel Tower in Paris. You should read this book if you want to learn about tall buildings!

Kayson – Year 1: Murphy

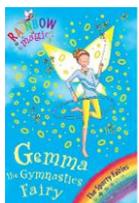
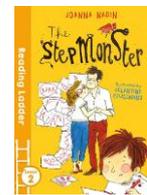
I love this book so much because the little boy tries so hard to find his little fox. I really like the pictures as they show the adventure that the fox is going on.

Niyati – Year 2: Byron



The Stepmonster by Joanna Nadin
This book is great because Tom is nervous about meeting Lulu, but she turns out to be a nice person. Tom has to decide whether Lulu is going to be like the stepmothers he has read about in traditional tales like Cinderella!

Haleema – Year 2: Donaldson

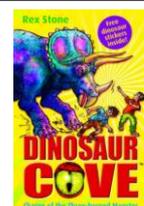


Gemma loses her magic hula hoop and she needs help from her friends to get it back! Gemma has help from Kirsty and Rachel to get back her hoop. The girls work together to stay safe from evil Jack Frost and his evil goblins.

Shanaya – Year 3/4: Rowling

In this book you meet Jamie and Tom who have to catch a ride on a dinosaur's back! The dinosaurs are under attack but manage to dodge their attackers. Jamie and Tom always find themselves on an adventure.

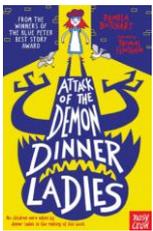
Aryan – Year 3/4: Dahl



Recommended Reads - Children

This book is all about a boy who never gives up! Even though Dilly has a problem with his leg, he does not give up on his dream of becoming a footballer. Dilly tries his best to still train and join in with the football matches

Raveenah – Year 3/4: Morpurao

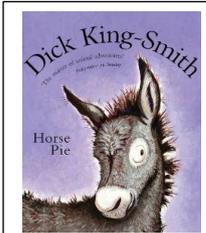


I would recommend this book because it has a mix of adventure and also a bit of mystery! It also has a lot of comedy. I think that this is a great mix in a book! The children in this book have no TV and no Wi-Fi as they are spending the week with their neighbour!

Harry – Year 5: Rauf

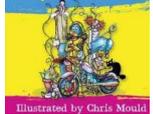
The other horses do not want to have to share their field with Jenny. The horses need to learn to stick together to stay away from the rustlers! The rustlers are thieves who try and steal the horses and make them into horse pie. This book even has a bit of French in it.

Harshil – Year 5: Zephaniah



Meet the Weirds

Kaye Umansky



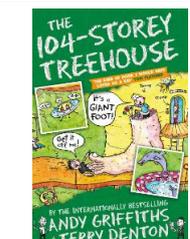
Illustrated by Chris Mould

Meet the Weirds book is amazing! The book is about a boy called Pinchton who goes to his meet his new neighbours. The new neighbours are very unusual and Pinchton enjoys learning all about their unique interests. One of the neighbours is a stunt woman and one is a scientist!

Ekam - Year 6: Almond

Andy and Terry get to live in a treehouse! The treehouse has cool features like a never-ending staircase. The characters are always trying to improve their treehouse. This book has really good illustrations. I predict that in this book Andy and Terry will have some silly adventures!

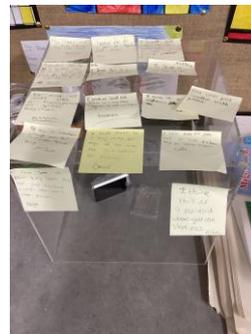
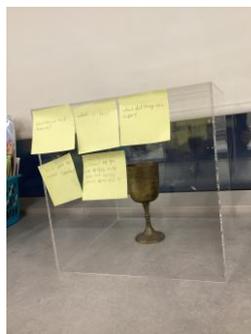
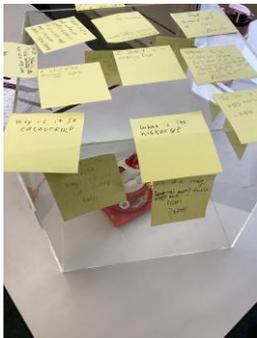
Shay – Year 6: Blackman



Curiosity Cubes

Oracy

Our children have been showing curiosity by posing questions about items in their classroom Curiosity Cubes.



Half-Term Activities

During half-term, make sure to get outdoors and get some fresh air. There is a lot more to do than just sit in front of a screen!

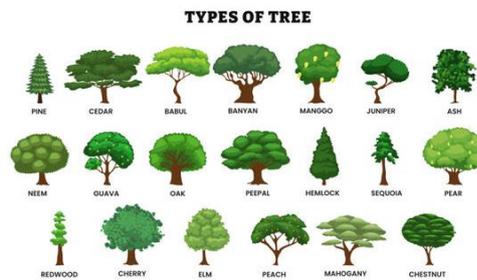
Here are some activities that you might want to try.

Make sure to ask your adults for permission first.

Tree Detective

Use a [free Tree ID app](#) from the Woodland Trust to identify trees in your local area by their bark and twigs even without leaves.

Make sure to check with an adult before going on any apps.



Star Gazing Night

Wrap up warm, take a blanket outside, and look at the stars.

Assuming the skies are clear, this quiet and awe-inspiring activity will definitely spark your interest in space and science.

There are various apps that you can use to identify specific stars and constellations too. Make sure to check with an adult before going on any of these apps.



Visit your Local Library

Libraries often have free storytelling sessions or craft activities during half term,

Even without an event, borrowing books is a great thing to do!



Online Safety



SIX TOP TIPS

For Parents To Keep Your Children Safe Online

SafeguardED

Most parents & carers think their children and young people spend too much time on devices. **DON'T FEEL BAD!** Lots of it is perfectly healthy anyway. Instead, follow these tips to keep them safe, happy and healthy.

Don't worry about screen time; aim for screen quality

Scrolling through social media isn't the same as making a film or story, or video calling Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.



Check the safety settings are turned on

Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live', are their posts public? What about safe search and Youtube? See parentsafe.lgfl.net for more.



Get your children to show you their apps and games

You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced - they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for **Common Sense Media** reviews.



Don't try to hide news about scary things in the news

If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch **Newsround** together and talk about how they feel - there is guidance from **Childline** to help you.



Remind them of key online safety principles

There are too many to list, but remember human behaviour is the same online and offline. Remind your children to be a good friend, to ask for help if they are worried or if someone is mean, not to get undressed on camera and most important of all... if somebody tells them not to tell or ask for help because it's too late or they will get in trouble, **THAT'S A LIE!**

If you aren't sure, ASK!

Your school may be able to give you advice, but there are plenty of other places to ask for help as a parent or a child, whether it is advice or help to fix something. Lots of sites are listed at reporting.lgfl.net, including ones to tell your kids about (they might not want to talk to you in the first instance).



Online Safety

E-Safety Updates

At Herrick Primary School, keeping our children safe online is an ongoing priority. As technology – including artificial intelligence (AI) – continues to develop, it is important that children learn how to use the internet responsibly, safely and kindly.

Please continue to talk regularly with your child about what they do online, the games they play, and the websites or apps they use. Remind them not to share personal information, to think carefully before clicking on links or messages, and to tell a trusted adult if something online makes them feel worried, upset or confused.

A helpful rule to remember is **SMART**:

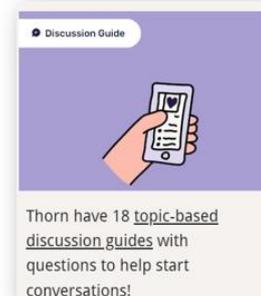
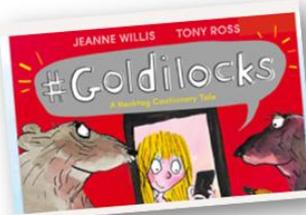
- **S – Safe:** Keep personal information private
- **M – Meet:** Never meet someone known only online
- **A – Accepting:** Think before clicking or accepting messages
- **R – Reliable:** Not everything online is true
- **T – Tell:** Tell an adult if something doesn't feel right



Useful advice for families can be found at www.thinkuknow.co.uk.

TALKING TO CHILDREN ABOUT LIFE ONLINE

Find conversation starters, story time ideas and top tips to reinforce key safety messages at parentsafe.lgfl.net



A banner for Parentsafe featuring a hand holding a smartphone. The text 'PARENTSAFE' is written in large, bold, white letters across the hand. Below it, the tagline 'Keeping your children safe: online & beyond' is written in a smaller font. To the left of the hand is a 'Digital Family Agreement' card with a drawing of a family and a smartphone. To the right is a card titled 'THE ONLINE ZOO' with a cartoon illustration of a zoo.

